

## The Wave By Susan Casey

Draws on decades of experience and the popular team-taught courses at the University of California at Santa Barbara to trace the cultural, political, economic and environmental aspects of surfing while evaluating the diverse range of influences that have rendered the sport a billion-dollar worldwide industry.

In the tradition of Wild and H Is for Hawk, an Outside magazine writer tells her story—of fathers and daughters, grief and renewal, adventure and obsession, and the power of running to change your life. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY REAL SIMPLE I'm running to forget, and to remember. For more than a decade, Katie Arnold chased adventure around the world, reporting on extreme athletes who performed outlandish feats—walking high lines a thousand feet off the ground without a harness, or running one hundred miles through the night. She wrote her stories by living them, until eventually life on the thin edge of risk began to seem normal. After she married, Katie and her husband vowed to raise their daughters to be adventurous, too, in the mountains and canyons of New Mexico. But when her father died of cancer, she was forced to confront her own mortality. His death was cataclysmic, unleashing a perfect storm of grief and anxiety. She and her father, an enigmatic photographer for National Geographic, had always been kindred spirits. He introduced her to the outdoors and took her camping and on bicycle trips and down rivers, and taught her to find solace and courage in the natural world. And it was he who encouraged her to run her first race when she was seven years old. Now nearly paralyzed by fear and terrified she was dying, too, she turned to the thing that had always made her feel most alive: running. Over the course of three tumultuous years, she ran alone through the wilderness, logging longer and longer distances, first a 50-kilometer ultramarathon, then 50 miles, then 100 kilometers. She ran to heal her grief, to outpace her worry that she wouldn't live to raise her own daughters. She ran to find strength in her weakness. She ran to remember and to forget. She ran to live. Ultrarunning tests the limits of human endurance over seemingly inhuman distances, and as she clocked miles across mesas and mountains, Katie learned to tolerate pain and discomfort, and face her fears of uncertainty, vulnerability, and even death itself. As she ran, she found herself peeling back the layers of her relationship with her father, discovering that much of what she thought she knew about him, and her own past, was wrong. Running Home is a memoir about the stories we tell ourselves to make sense of our world—the stories that hold us back, and the ones that set us free. Mesmerizing, transcendent, and deeply exhilarating, it is a book for anyone who has been knocked over by life, or feels the pull of something bigger and wilder within themselves. "A beautiful work of searching remembrance and searing honesty . . . Katie Arnold is as gifted on the page as she is on the trail. Running Home will soon join such classics as Born to Run and Ultramarathon Man as quintessential reading of the genre."—Hampton Sides, author of On Desperate Ground and Ghost Soldiers

A brave, intimate, beautifully crafted memoir by a survivor of the tsunami that struck the Sri Lankan coast in 2004 and took her entire family. On December 26, Boxing Day, Sonali Deraniyagala, her English husband, her parents, her two young sons, and a close friend were ending Christmas vacation at the seaside resort of Yala on the south coast of Sri Lanka when a wave suddenly overtook them. She was only to learn later that this was a tsunami that devastated coastlines through Southeast Asia. When the water began to encroach closer to their hotel, they began to run, but in an instant, water engulfed them, Sonali was separated from her family, and all was lost. Sonali Deraniyagala has written an extraordinarily honest, utterly engrossing account of the surreal tragedy of a devastating event that all at once ended her life as she knew it and her journey since in search of understanding and redemption. It is also a remarkable portrait of a young family's life and what came before, with all the small moments and larger dreams that suddenly and irrevocably ended.

"A rich, sensual, bewitching adventure of good vs. evil with love as the prize." ~Publisher's Weekly on ETERNITY 300 years ago, Raven St. James was hanged for witchcraft. But she revives among the dead to find herself alive. She is an Immortal High Witch, one of the light. A note from her mother warns that there are others, those of the Dark, who preserve their own lives by taking the hearts of those like her. Duncan Wallace's forbidden love for the secretive lass costs him his life. 300 years later, he loves her again, tormented by hazy memories of a past that can't be real. She tells him of another lifetime, claims to be immortal. Though he knows she's deluded, he can't stay away. And the Dark Witch after her heart is far closer than either of them know. If you liked the TV Series HIGHLANDER, you will LOVE this series. Don't miss Book 2, INFINITY. "A hauntingly beautiful story of a love that endures through time itself." ~New York Times Bestselling Author, Kay Hooper "This captivating story of a love that reaches across the centuries, becomes as immortal as the lover's themselves, resonates with timeless passion, powerful magic, and haunting heartbreak." ~BN.com's official review

The Power of the Sea describes our struggle to understand the physics of the sea, so we can use that knowledge to predict when the sea will unleash its fury against us. In a wide-sweeping narrative spanning much of human history, Bruce Parker, former chief scientist of the National Ocean Service, interweaves thrilling and often moving stories of unpredicted natural disaster with an accessible account of scientific discovery. The result is a compelling scientific journey, from ancient man's first crude tide predictions to today's advanced early warning ability based on the Global Ocean Observing System. It is a journey still underway, as we search for ways to predict tsunamis and rogue waves and critical aspects of El Niño and climate change caused by global warming.

A look at how the former trainer of Flipper decided that he could no longer go on working toward the imprisonment of dolphins after one died in his arms discusses how he devoted his life to returning them to the wild. Reprint.

Up close with the ocean's most fearsome and famous predator and the scientists who study them—just twenty-six miles from the Golden Gate Bridge! A few miles from San Francisco lives a population of the ocean's largest and most famous predators. Each fall, while the city's inhabitants dine on steaks, salads, and sandwiches, the great white sharks return to California's Farallon Islands to dine on their favorite meal: the seals that live on the island's rocky coasts. Massive, fast, and perfectly adapted to hunting after 11 million years of evolution, the great whites are among the planet's most fearsome, fascinating, and least understood animals. In the fall of 2012, Katherine Roy visited the Farallons with the scientists who study the islands' shark population. She witnessed seal attacks, observed sharks being tagged in the wild, and got an up close look at the dramatic Farallons—a wildlife refuge that is strictly off-limits to all but the scientists who work there. Neighborhood Sharks is an intimate portrait of the life cycle, biology, and habitat of the great white shark, based on the latest research and an up-close visit with these amazing animals.

Traces a father and son journey around South America in a tiny boat they built together

Written by one of the most revered surfers of his generation, Gerry Lopez's Surf Is Where You Find It is a collection of stories about a lifetime of surfing. But more than that, it is a collection of stories about the lessons learned from surfing. It presents 38 stories about those who have been influential in the sport — surfing anytime, anywhere, and in any way. Lopez, an innovator in stand-up-paddle (one of the fastest growing water sports in the world), now shares his stories about pioneering that sport. Conveyed in Gerry's unique voice, augmented with photos from his personal collection, this book is a classic for surf enthusiasts everywhere.

"Takes us to a place of almost mythic power and tells a story that unfolds like a long ride on a killer wave . . . compellingly written." —Sebastian Junger, New York Times—bestselling author Rising from the depths of the North Pacific lies a fabled island, now submerged just fifteen feet below the surface of the ocean. Rumors and warnings about Cortes Bank abound, but among

big wave surfers, this legendary rock is famous for one simple (and massive) reason: this is the home of the biggest rideable wave on the face of the earth. In this dramatic work of narrative nonfiction, journalist Chris Dixon unlocks the secrets of Cortes Bank and pulls readers into the harrowing world of big wave surfing and high seas adventure above the most enigmatic and dangerous rock in the sea. The true story of this Everest of the sea will thrill anyone with an abiding curiosity of and respect for mother ocean. "A terrific, deeply researched tale about a truly wild place. You couldn't make up Cortes Bank, or the characters who've tried to make it theirs." —William Finnegan, Pulitzer Prize-winning author of *Barbarian Days: A Surfing Life* "A first-rate account of an amazing phenomenon and the people who tried to conquer and exploit it. A great read." —Winston Groom, *New York Times* bestselling author of *Forrest Gump* "After reading Chris' most excellent account of the monstrous waves of the mysterious Cortes Bank—the Bermuda Triangle of the Pacific—I never thought I would ever consider riding a wave like this. But after surviving a five-foot, head-first fall from the stage earlier this year, I think I might be ready." —Jimmy Buffett

Casey follows a unique tribe of extreme surfers as they seek to conquer the holy grail of their sport, a 100-foot wave. In this mesmerizing account, their exploits are juxtaposed against scientists' urgent efforts to understand the destructive powers of waves.

Disillusioned by the corporate lifestyle, David finds himself unemployed and desperate for change. Bradley, his older, more adventurous, and slightly-wreckless college fraternity brother presents an enticing offer. Just a few weeks later, the two inexperienced hopefuls abandon society and plunge into a soul-searching sojourn to thru-hike the Pacific Crest Trail, a 2,650-mile Mexico-to-Canada footpath--barefoot. At the trail's mercy from day one, the two hikers face the endless pains of walking, rising tensions, and falling behind to the coming winter. *The Trail Provides* is a thru-hiking memoir filled with stories about companionship and lessons learned, dreams and reality, and leaving everything behind for the desire of transformation, insight, and self-discovery. Now, let's begin the journey...

**NATIONAL BESTSELLER** • A riveting, adrenaline-fueled tour of a vast, lawless, and rampantly criminal world that few have ever seen: the high seas. There are few remaining frontiers on our planet. But perhaps the wildest, and least understood, are the world's oceans: too big to police, and under no clear international authority, these immense regions of treacherous water play host to rampant criminality and exploitation. Traffickers and smugglers, pirates and mercenaries, wreck thieves and repo men, vigilante conservationists and elusive poachers, seabound abortion providers, clandestine oil-dumpers, shackled slaves and cast-adrift stowaways—drawing on five years of perilous and intrepid reporting, often hundreds of miles from shore, Ian Urbina introduces us to the inhabitants of this hidden world. Through their stories of astonishing courage and brutality, survival and tragedy, he uncovers a globe-spanning network of crime and exploitation that emanates from the fishing, oil, and shipping industries, and on which the world's economies rely. Both a gripping adventure story and a stunning exposé, this unique work of reportage brings fully into view for the first time the disturbing reality of a floating world that connects us all, a place where anyone can do anything because no one is watching.

*The Wave* In Pursuit of the Rogues, Freaks, and Giants of the Ocean Anchor

"Stand up, up, UP!" is the mantra of Surfers for Autism, an organization that runs surf events for children with autism, providing the opportunity to not only catch waves, but to become part of a supportive surfing community. It is also a message to all those struggling with autism: a message to stand up, no matter how hard it gets. *Waves of Healing* collects the stories of a group of everyday families who discovered Surfers for Autism in their search for hope, answers, and healing for their children with autism. These are stories about the struggles children with autism face—the struggle to stand on a surfboard, the struggle to communicate, the struggle to make progress in a world which accepts "normal" and rejects all else. But they're also stories of breakthroughs, of authentic joy and unbridled excitement as they learn to see their world from a whole new perspective—standing tall atop a surfboard, riding a wave all their own. Exploring new avenues of therapy for those with autism, with therapeutic and extraordinary results, *Waves of Healing* is a snapshot of hope, courage, and human perseverance.

In this remarkable groundbreaking book, a documentarian and conservationist, determined to dispel misplaced fear and correct common misconceptions, explores in-depth the secret lives of sharks—magnificent creatures who play an integral part in maintaining the health of the world's oceans and ultimately the planet. From the *Jaws* blockbusters to Shark Week, we are conditioned to see sharks as terrifying cold-blooded underwater predators. But as *Ocean Guardian* founder William McKeever reveals, sharks are evolutionary marvels essential to maintaining a balanced ecosystem. We can learn much from sharks, he argues, and our knowledge about them continues to grow. The first book to reveal in full the hidden lives of sharks, *Emperors of the Deep* examines four species—Mako, Tiger, Hammerhead, and Great White—as never before, and includes fascinating details such as: Sharks are 50-million years older than trees; Sharks have survived five extinction level events, including the one that killed off the dinosaurs; Sharks have electroreception, a sixth-sense that lets them pick up on electric fields generated by living things; Sharks can dive 4,000 feet below the surface; Sharks account for only 6 human fatalities per year, while humans kill 100 million sharks per year. McKeever goes back through time to probe the shark's pre-historic secrets and how it has become the world's most feared and most misunderstood predator, and takes us on a pulse-pounding tour around the world and deep under the water's surface, from the frigid waters of the Arctic Circle to the coral reefs of the tropical Central Pacific, to see sharks up close in their natural habitat. He also interviews ecologists, conservationists, and world-renowned shark experts, including the founders of Greenpeace's Rainbow Warrior, the head of the Massachusetts Shark Research Program, and the self-professed "last great shark hunter." At once a deep-dive into the misunderstood world of sharks and an urgent call to protect them, *Emperors of the Deep* celebrates this wild species that hold the key to unlocking the mysteries of the ocean—if we can prevent their extinction from climate change and human hunters.

With a superhero's physique, a beautiful athlete/model wife, and the ocean as his office, Laird Hamilton's charmed lifestyle is enviable. Now he shares his secrets for living a balanced life, including the unique physical regimens, mental strategies, and spiritual beliefs that have allowed Hamilton to do what he loves, while being surrounded by family and radiating peak health and fitness.--From publisher description.

A magnificent history of the American conquest of the West; "a story full of authority and color, truth and prophecy" (*The New York Times Book Review*). In the summer of 1846, the Army of the West marched through Santa Fe, en route to invade and occupy the Western territories claimed by Mexico. Fueled by the new ideology of "Manifest Destiny," this land grab would lead to a decades-long battle between the United States and the Navajos, the fiercely resistant rulers of a huge swath of mountainous desert wilderness. At the center of this sweeping tale is Kit

Carson, the trapper, scout, and soldier whose adventures made him a legend. Sides shows us how this illiterate mountain man understood and respected the Western tribes better than any other American, yet willingly followed orders that would ultimately devastate the Navajo nation. Rich in detail and spanning more than three decades, this is an essential addition to our understanding of how the West was really won.

#1 NATIONAL BESTSELLER • "A harrowing tale of the perils of high-altitude climbing, a story of bad luck and worse judgment and of heartbreaking heroism." —PEOPLE A bank of clouds was assembling on the not-so-distant horizon, but journalist-mountaineer Jon Krakauer, standing on the summit of Mt. Everest, saw nothing that "suggested that a murderous storm was bearing down." He was wrong. The storm, which claimed five lives and left countless more—including Krakauer's—in guilt-ridden disarray, would also provide the impetus for *Into Thin Air*, Krakauer's epic account of the May 1996 disaster. By writing *Into Thin Air*, Krakauer may have hoped to exorcise some of his own demons and lay to rest some of the painful questions that still surround the event. He takes great pains to provide a balanced picture of the people and events he witnessed and gives due credit to the tireless and dedicated Sherpas. He also avoids blasting easy targets such as Sandy Pittman, the wealthy socialite who brought an espresso maker along on the expedition. Krakauer's highly personal inquiry into the catastrophe provides a great deal of insight into what went wrong. But for Krakauer himself, further interviews and investigations only lead him to the conclusion that his perceived failures were directly responsible for a fellow climber's death. Clearly, Krakauer remains haunted by the disaster, and although he relates a number of incidents in which he acted selflessly and even heroically, he seems unable to view those instances objectively. In the end, despite his evenhanded and even generous assessment of others' actions, he reserves a full measure of vitriol for himself. This updated trade paperback edition of *Into Thin Air* includes an extensive new postscript that sheds fascinating light on the acrimonious debate that flared between Krakauer and Everest guide Anatoli Boukreev in the wake of the tragedy. "I have no doubt that Boukreev's intentions were good on summit day," writes Krakauer in the postscript, dated August 1999. "What disturbs me, though, was Boukreev's refusal to acknowledge the possibility that he made even a single poor decision. Never did he indicate that perhaps it wasn't the best choice to climb without gas or go down ahead of his clients." As usual, Krakauer supports his points with dogged research and a good dose of humility. But rather than continue the heated discourse that has raged since *Into Thin Air*'s denouncement of guide Boukreev, Krakauer's tone is conciliatory; he points most of his criticism at G. Weston De Walt, who coauthored *The Climb*, Boukreev's version of events. And in a touching conclusion, Krakauer recounts his last conversation with the late Boukreev, in which the two weathered climbers agreed to disagree about certain points. Krakauer had great hopes to patch things up with Boukreev, but the Russian later died in an avalanche on another Himalayan peak, Annapurna I. In 1999, Krakauer received an Academy Award in Literature from the American Academy of Arts and Letters—a prestigious prize intended "to honor writers of exceptional accomplishment." According to the Academy's citation, "Krakauer combines the tenacity and courage of the finest tradition of investigative journalism with the stylish subtlety and profound insight of the born writer. His account of an ascent of Mount Everest has led to a general reevaluation of climbing and of the commercialization of what was once a romantic, solitary sport; while his account of the life and death of Christopher McCandless, who died of starvation after challenging the Alaskan wilderness, delves even more deeply and disturbingly into the fascination of nature and the devastating effects of its lure on a young and curious mind."

A fun, informative and practical introduction to safely foraging with kids, from the UK's bestselling foraging author. In today's world of increasingly sedentary lifestyles and a growing detachment from the food that we eat, it has never been more important to encourage children to put down their screens, get outside and engage with the natural world around them. *Foraging with Kids* is a fun, practical book for parents to work through with their children that encourages families to interact with their environment and gain knowledge and practical understanding of the natural world through exploration and play. The projects are based around 50 easy-to-identify plants that are abundant in parks, forests and hedgerows worldwide, making the challenge of discovering functional flora just as achievable to those who live in the city as in the countryside. Once they have foraged their plants, children will be amazed by the diverse practical uses that they can set them to; from making soap from conkers or setting a delicious egg-free custard with plantain, to stopping minor cuts from bleeding with hedge woundwort. Children will take great pride in seeing their gatherings forming part of the family meal and parents will be amazed at how even the most vegetable-averse child will develop an enthusiastic appetite for a meal that they have contributed to. Illustrated throughout with beautiful hand drawings and with essential information on plant facts and identification, as well as a diverse range of engaging, practical projects that the whole family will want to get involved with, this is the perfect book for anyone who wants the children under their care to get outside, connect with nature and have a lot of fun in the process.

Every schoolchild knows about Paul Revere's 20-mile ride to warn that the British were coming. Far fewer know that 16-year-old Sybil Ludington rode twice as far on her horse Star in order to help her father, Colonel Ludington, muster his scattered troops to fight a marauding enemy. Few know about Martha Bratton, who blew up a supply of gunpowder to keep it from approaching British troops and boldly claimed, "It was I who did it!" Susan Casey gives Ludington, Bratton, and 18 other remarkable girls and women the spotlight they deserve in this lively collection of biographical profiles. These women took action in many ways: as spies, soldiers, nurses, water carriers, fundraisers, writers, couriers, and more. *Women Heroes of the American Revolution* brings a fresh new perspective to their stories resulting from interviews with historians and with descendants of participants of the Revolution and features ample excerpts from primary source documents. Also included are contextualizing sidebars, images, source notes, and a bibliography, making this an invaluable resource for any student's or history buff's bookshelf. Susan Casey is the author of *Kids Inventing!* and *Women Invent!* She is also a journalist whose articles and photographs have appeared in *Fast Company*, *Family Circle*, *Americana*, *USAir*, *Women's Sports*, *Soap Opera Digest*, the *Los Angeles Times*, the *San Francisco Chronicle*, and many other publications. She lives in Venice, California.

The remarkable, true story of surfing legend Jeff Hakman, "Mr. Sunset" lyrically captures the camaraderie, adventure, and innocence of the surfing subculture in its formative years. A heartfelt biography which presents an insider's view of the Californian and Hawaiian surf culture in a way it's never before been told. 200 photos.

From Susan Casey, the New York Times bestselling author of *The Wave* and *The Devil's Teeth*, a breathtaking journey through the extraordinary world of dolphins Since the dawn of recorded history, humans have felt a kinship with the sleek and beautiful dolphin, an animal whose playfulness, sociability, and intelligence seem like an aquatic mirror of mankind. In recent decades, we have learned that dolphins recognize themselves in reflections, count, grieve, adorn themselves, feel despondent, rescue one another (and humans), deduce, infer, seduce, form cliques, throw tantrums, and call themselves by name. Scientists still don't completely understand their incredibly sophisticated navigation and communication abilities, or their immensely complicated brains. While swimming off the coast of Maui, Susan Casey was surrounded by a pod of spinner dolphins. It was a profoundly transporting experience, and it inspired her to embark on a two-year global adventure to explore the nature of these remarkable beings and their complex relationship to humanity. Casey examines the career of the controversial John Lilly, the pioneer of modern dolphin studies whose work eventually led him down some very strange paths. She visits a community in Hawaii whose adherents believe dolphins are the key to spiritual enlightenment, travels to Ireland, where a dolphin named as "the world's most loyal animal" has delighted tourists and locals for decades with his friendly antics, and consults with the world's leading marine researchers, whose sense of wonder inspired by the dolphins they study increases the more they discover. Yet there is a dark side to our relationship with dolphins. They are the stars of a global multibillion-dollar captivity industry, whose money has fueled a sinister and lucrative trade in which dolphins are captured

violently, then shipped and kept in brutal conditions. Casey's investigation into this cruel underground takes her to the harrowing epicenter of the trade in the Solomon Islands, and to the Japanese town of Taiji, made famous by the Oscar-winning documentary *The Cove*, where she chronicles the annual slaughter and sale of dolphins in its narrow bay. Casey ends her narrative on the island of Crete, where millennia-old frescoes and artwork document the great Minoan civilization, a culture which lived in harmony with dolphins, and whose example shows the way to a more enlightened coexistence with the natural world. No writer is better positioned to portray these magical creatures than Susan Casey, whose combination of personal reporting, intense scientific research, and evocative prose made *The Wave* and *The Devil's Teeth* contemporary classics of writing about the sea. In *Voices in the Ocean*, she has written a thrilling book about the other intelligent life on the planet.

The Bestselling Classic Updated for Surfers, Sailors, Oceanographers, Climate Activists, and Those Who Love the Sea First published in 1963 and updated in 1979, this classic was an essential handbook for anyone who studies, surfs, protects, or is fascinated by the ocean. The original author, Willard Bascom, was a master of the subject and included a wealth of information, based on theory and statistics, but also anecdotal observation and personal experience. It brought to the general public understanding of the awesome and complex power of the waves. This revision from Kim McCoy adds recent facts and anecdotes to update the book's relevance in the time of climate change. One of the most significant effects of global warming will be sea-level rise. What will this mean to waves and beaches, and what effects are we already seeing? New text and photos cover events such as the Indian Ocean tsunami of 2004, Hurricane Katrina flooding of 2005, and the 2011 earthquake and resulting devastation in Fukushima. As well as students, surfers, and the general public, this updated edition of a beloved classic is an essential handbook for climate scientists and ocean activists, providing clear explanations and detailed resources for the constant battle to preserve the shore.

"[Quindlen] serves up generous portions of her wise, commonsensical, irresistibly quotable take on life. . . . What Nora Ephron does for body image and Anne Lamott for spiritual neuroses, Quindlen achieves on the home front."—NPR Includes an exclusive conversation between Meryl Streep and Anna Quindlen! In this irresistible memoir, Anna Quindlen writes about a woman's life, from childhood memories to manic motherhood to middle age, using the events of her life to illuminate ours. Considering—and celebrating—everything from marriage, girlfriends, our mothers, parenting, faith, loss, to all the stuff in our closets, and more, Quindlen says for us here what we may wish we could have said ourselves. As she did in her beloved *New York Times* columns, and in *A Short Guide to a Happy Life*, Quindlen uses her past, present, and future to explore what matters most to women at different ages. Quindlen talks about Marriage: "A safety net of small white lies can be the bedrock of a successful marriage. You wouldn't believe how cheaply I can do a kitchen renovation." Girlfriends: "Ask any woman how she makes it through the day, and she may mention her calendar, her to-do lists, her babysitter. But if you push her on how she really makes it through her day, she will mention her girlfriends." Our bodies: "I've finally recognized my body for what it is: a personality-delivery system, designed expressly to carry my character from place to place, now and in the years to come." Parenting: "Being a parent is not transactional. We do not get what we give. It is the ultimate pay-it-forward endeavor: We are good parents not so they will be loving enough to stay with us but so they will be strong enough to leave us." Candid, funny, and moving, *Lots of Candles, Plenty of Cake* is filled with the sharp insights and revealing observations that have long confirmed Quindlen's status as America's laureate of real life. "Classic Quindlen, at times witty, at times wise, and always of her time."—*The Miami Herald* "[A] pithy, get-real memoir."—*Booklist* Get ready for a global journey like none other—a passionate enthusiast's exploration of waves that begins with a massive surfable cloud and ends with the majestic Pacific ocean, making side trips along the way to reveal the ups and downs of brain waves, radio waves, infrared waves, microwaves, shock waves, light waves, and much more.

Six-time world surfing champion, actor, and US heart-throb Kelly Slater tells of the struggles and triumphs he's experienced throughout his life and how they have helped him to become one of the world's most loved sports figures. From beach blanket bingo to *Baywatch*, surfing has fascinated people for years, and Kelly Slater is the sport's newest star. He's one of the world's most popular surfers; his radical moves have revolutionised the sport. Born in Cocoa Beach, Florida, in 1972, he found surfing to be a great way to escape problems at home. When he was 11, his parents divorced. Slater and his brother, Sean, were raised by their suddenly single mother, who struggled to support two young sons. After Slater's surfing career took off, he made the transition into acting and modelling. He spent a season starring on the popular television show *Baywatch*, where he won the hearts of women young and old, including Pamela Anderson, whom he dated for about a year. He has also been featured in Versace ads. In *Pipe Dreams*, he shares the stories that have influenced his life and have inspired him to overcome both personal and professional hurdles and achieve his dreams.

A thrilling journey into the spiritual, scientific and sometimes threatened world of dolphins. Includes an 8-page photo insert, explores the extraordinary world of dolphins in an interesting and accessible format that engages as well as entertains.

The term fisherwoman does not exactly roll trippingly off the tongue, and Linda Greenlaw, the world's only female swordfish boat captain, isn't flattered when people insist on calling her one. "I am a woman. I am a fisherman. . . . I am not a fisherwoman, fisherlady, or fishergirl. If anything else, I am a thirty-seven-year-old tomboy. It's a word I have never outgrown." Greenlaw also happens to be one of the most successful fishermen in the Grand Banks commercial fleet, though until the publication of Sebastian Junger's *The Perfect Storm*, "nobody cared." Greenlaw's boat, the *Hannah Boden*, was the sister ship to the doomed *Andrea Gail*, which disappeared in the mother of all storms in 1991 and became the focus of Junger's book. *The Hungry Ocean*, Greenlaw's account of a monthlong swordfishing trip over 1,000 nautical miles out to sea, tells the story of what happens when things go right--proving, in the process, that every successful voyage is a study in narrowly averted disaster. There is the weather, the constant danger of mechanical failure, the perils of controlling five sleep-, women-, and booze-deprived young fishermen in close quarters, not to mention the threat of a bad fishing run: "If we don't catch fish, we don't get paid, period. In short, there is no labor union." Greenlaw's straightforward, uncluttered prose underscores the qualities that make her a good captain, regardless of gender: fairness, physical and mental endurance, obsessive attention to detail. But, ultimately, Greenlaw proves that the love of fishing--in all of its grueling, isolating, suspenseful glory--is a matter of the heart and blood, not the mind. "I knew that the ocean had stories to tell me, all I needed to do was listen." --Svenja Soldovieri

The inspiring, true coming-of-age story of a ferociously determined young man who, armed only with his intellect and his willpower, fights his way out of despair. In 1993, Cedric Jennings was a bright and ferociously determined honor student at Ballou, a high school in one of Washington D.C.'s most dangerous neighborhoods, where the dropout rate was well into double digits and just 80 students out of more than 1,350 boasted an average of B or better. At Ballou, Cedric had almost no friends. He ate lunch in a classroom most days, plowing through the extra work he asked for, knowing that he was really competing with kids from other, harder schools. Cedric Jennings's driving ambition—which was fully supported by his forceful mother—was to attend a top college. In September 1995, after years of near superhuman dedication, he realized that ambition when he began

as a freshman at Brown University. But he didn't leave his struggles behind. He found himself unprepared for college: he struggled to master classwork and fit in with the white upper-class students. Having traveled too far to turn back, Cedric was left to rely on his intelligence and his determination to maintain hope in the unseen—a future of acceptance and reward. In this updated edition, *A Hope in the Unseen* chronicles Cedric's odyssey during his last two years of high school, follows him through his difficult first year at Brown, and tells the story of his subsequent successes in college and the world of work. Eye-opening, sometimes humorous, and often deeply moving, *A Hope in the Unseen* weaves a crucial new thread into the rich and ongoing narrative of the American experience.

Author of the New York Times bestselling novel *The Dog Stars* With grit, poetry, and humor, Peter Heller, acclaimed author of *The Whale Warriors* recounts his remarkable journey of discovery—of surfing, an entirely new challenge; of the ocean's beauty and power; of the strange surf subculture; of love; and, most of all, of how to seek adventure while crafting a meaningful life. Having resolved to master a big-hollow wave— that is, to go from kook (surfer for beginner) to shredder—in a single year, Heller travels from Southern California down the coast of Mexico in the company of his girlfriend and the eccentric surfers they meet. Exuberant and fearless, Heller explores the technique and science of surfing the secrets of its culture, and the environmental ravages to the stunning coastline he visits. As Heller plumbs the working of his own heart and finds joy in both love and surfing, he affords readers vivid insight into this fascinating world, with all of its perils and pleasures, its absurdity and wonder. Exhilarating, entertaining, and moving, *Kook* is a love story between a man and his surfboard, a man and his girlfriend, a not-so-old man and the sea.

*Sailing Ten Years and 20,000 Miles In Search of Surf and Self*

Taking you to places no one has ever gone before, and blending memoir, adventure, and science, *Into the Planet* is a riveting account of one of the most dangerous yet exhilarating pursuits in the world: diving to the centre of the earth. "If I die, it will be in the most glorious place that nobody has ever seen." As one of the most celebrated cave divers in the world, Jill Heinerth has seen the planet in a way almost no one has. In a workday, she might swim below your home, through conduits in volcanoes or cracks in the world's largest iceberg. She's an explorer, a scientist's eyes and hands underwater—discovering new species and examining our finite freshwater reserves—and a filmmaker documenting the wonders of underwater life. Often the lone woman in a male-dominated domain, she tests the limits of human endurance at every tight turn, risking her life with each mission. To not only survive in this world but excel, Jill has had to learn how to master self-doubt like no other. With gripping storytelling that radiates intimacy, *Into the Planet* will transport you deep into the most exquisite, untouched corners of the earth, where fear must be reconciled and the innermost parts of the human condition are revealed.

Rising from the depths of the Pacific lies a fabled island, now submerged just below the surface of the ocean. Rumors and warnings about Cortes Bank abound, but among big wave surfers, this legendary rock is famous for one simple (and massive) reason: this is the home of the biggest rideable wave on the face of the earth. In this dramatic work of narrative non-fiction, journalist Chris Dixon unlocks the secrets of Cortes Bank and pulls readers into the harrowing world of big wave surfing and high seas adventure above the most enigmatic and dangerous rock in the sea. The true story of this Everest of the sea will thrill anyone with an abiding curiosity of—and respect for—mother ocean.

A journalist's obsession brings her to a remote island off the California coast, home to the world's most mysterious and fearsome predators--and the strange band of surfer-scientists who follow them Susan Casey was in her living room when she first saw the great white sharks of the Farallon Islands, their dark fins swirling around a small motorboat in a documentary. These sharks were the alphas among alphas, some longer than twenty feet, and there were too many to count; even more incredible, this congregation was taking place just twenty-seven miles off the coast of San Francisco. In a matter of months, Casey was being hoisted out of the early-winter swells on a crane, up a cliff face to the barren surface of Southeast Farallon Island--dubbed by sailors in the 1850s the "devil's teeth." There she joined Scot Anderson and Peter Pyle, the two biologists who bunk down during shark season each fall in the island's one habitable building, a haunted, 135-year-old house spackled with lichen and gull guano. Two days later, she got her first glimpse of the famous, terrifying jaws up close and she was instantly hooked; her fascination soon yielded to obsession--and an invitation to return for a full season. But as Casey readied herself for the eight-week stint, she had no way of preparing for what she would find among the dangerous, forgotten islands that have banished every campaign for civilization in the past two hundred years. *The Devil's Teeth* is a vivid dispatch from an otherworldly outpost, a story of crossing the boundary between society and an untamed place where humans are neither wanted nor needed.

These inspiring stories of women inventors take the reader through the process of inventing--from coming up with an idea to having it manufactured and sold.

NATIONAL BESTSELLER Edgar Award Nominee One of the Best Books of the Year: *O*, *The Oprah Magazine*, *Time*, *The Washington Post*, *The Christian Science Monitor*, *St. Louis Post-Dispatch*, *San Francisco Chronicle* With a New Afterword On April 4, 1968, James Earl Ray shot Martin Luther King at the Lorraine Motel. The nation was shocked, enraged, and saddened. As chaos erupted across the country and mourners gathered at King's funeral, investigators launched a sixty-five day search for King's assassin that would lead them across two continents. With a blistering, cross-cutting narrative that draws on a wealth of dramatic unpublished documents, Hampton Sides, bestselling author of *Ghost Soldiers*, delivers a non-fiction thriller in the tradition of William Manchester's *The Death of a President* and Truman Capote's *In Cold Blood*. With *Hellhound On His Trail*, Sides shines a light on the largest manhunt in American history and brings it to life for all to see.

Traces the recent discovery of physics-defying ocean waves at heights previously thought impossible, describing the efforts of the scientific community to understand the

phenomenon, the pursuits of extreme surfers to ride these waves, and the destructive capabilities of tsunamis.

Have you ever seen inventors on TV or in the newspaper and thought, "That could be me!" Well, it certainly could—and this book shows you how. Kids Inventing! gives you easy-to-follow, step-by-step instructions for turning your ideas into realities for fun, competition, and even profit. From finding an idea and creating a working model to patenting, manufacturing, and selling your invention, you get expert guidance in all the different stages of inventing. You'll see how to keep an inventor's log, present your ideas, and work as part of a team or with a mentor. You'll meet inspiring kids just like you who designed their own award-winning inventions. And you'll see how to prepare for the various state and national invention contests held each year, as well as international competitions and science fairs.

Life on Earth will eventually come to an end. This work focuses on the many potential catastrophes facing our planet in the future, from global warming and new Ice Ages to asteroid impact, supervolcanoes and mega-tsunami. It looks at the science behind these events and our chances of survival.

In this revelatory and original book, award-winning author of the acclaimed surf memoir *On a Wave* illuminates the connection between waves, addiction, and recovery, exploring what surfing can teach us about the powerful undertow of addictive behaviors and the ways to swim free of them. Addiction is arguably the dominant feature of contemporary life: sex, gambling, exercise, eating, shopping, Internet use—there's virtually no pleasurable activity that can't morph into a destructive obsession. For Americans under the age of fifty-five, the leading cause of death is drug overdose. But there is another side of addiction. In some instances, the very activities that can lead to addiction can also lead out of it. As neurologists have recently discovered, surfing is a kind of study in the mechanism of addiction, delivering dopamine to the "pleasure" center of the brain and reshaping priorities and desire in a feedback loop of narrowing focus. Thad Ziolkowski knows this dynamic intimately. A lifelong surfer, he has been surrounded by addiction since his boyhood. In this unique, groundbreaking book, part addiction memoir, part sociological study, part spiritual odyssey, Ziolkowski dismantles the myth of surfing as a radiantly wholesome lifestyle immune to the darker temptations of the culture and discovers among the rubble a new way to understand and ultimately overcome addiction. Combining his own story with insights from scientists, progressive thinkers and the experiences of top surfers and addicts from around the world, Ziolkowski shows how getting on a board and catching a wave is a unique and deeply instructive means of riding out of the darkness and back into the light. Yet while surfing is his salvation, its lessons can be applied to other activities that can pull us free from the lethal undertow of addiction and save lives.

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