

Jura Capresso Impressa E8

With a gorgeous sunset who wouldn't be inspired to write or record important information in this inspirational message journal. This journal makes a great gift to inspire yourself or someone else to always have hope especially when the sun is setting. Features Lined pages allow for daily notes that will last a lifetime 5 1/2 x 8 1/2 Quality writing surface Ruled bright white paper Lines nicely spaced Casebound

Uncover how you can become a successful Forex trader even as a complete beginner. Are you interested in discovering proven strategies to help you break into Forex trading and start turning a profit? Or are you looking for a step-by-step, beginner's approach to trading, without all the technical terms and jargon? Then it's time to try this book. Forex trading is a lucrative market which has turned many aspiring entrepreneurs into millionaires. But far from being out of reach to normal people, the truth is that anyone can learn to master Forex trading – you just need the right knowledge. Now, join expert Forex trader and self-made millionaire, Refiloe 'Ref Wayne' Nkele as he unveils the must-know strategies and trading tricks that the pros use every day. Dropping out of the 9th grade to pursue his dream of Forex trading, Refiloe uncovers the fundamental insights that every beginner trader needs to know. Containing a detailed breakdown of the Forex market, what to expect, and how to start generating income, this guidebook is an essential tool for anybody who wants to succeed with Forex. Here's just a little of what you'll discover inside: Why Developing 'Financial Intelligence' Is a Vital Life Skill How To Discover Your Purpose (and Why Financial Success Is About Much More Than Just Money) Breaking Down The Market – The Fundamentals of Forex That You Need To Know Practical Steps For Beginning Your Forex Trading Journey How To Learn To Accept Risks and Embrace Market Volatility The Pros and Cons of Different Trading Methods (and How To Pick The Right One For You) And Much More... Imbued with his personal story to success and the lessons he learned along the way, this book provides a profound look into the world of trading, along with the practical strategies that you can use to familiarize yourself with Forex trading. Even if you're a complete beginner, inside you'll find simple explanations and easy-to-follow advice, all designed to help you break into the market and start making money.

Groundbreaking research has shown that weight loss does not equal fat loss. The dreaded number on the scale and emotional backlash that come with years of frustrating yo-yo dieting is often what holds readers back from successfully losing weight. Women's Health fitness expert Rachel Cosgrove empowers readers to finally do what they've always wanted: throw out the scale! Readers start by creating a personalized action plan that includes a commitment to the program and to themselves. Cosgrove walks them through invaluable goal-setting skills, helpful strategies, and behavioral techniques that they can use daily to guarantee success. More importantly, readers will learn to finally let go of the number on the scale and focus on losing inches and fitting into their favorite skinny clothes! Drop Two Sizes includes effective, at-home strength and cardio routines that require little more than two dumbbells, as well as day-by-day menus, recipes, and suggestions for planning and cooking healthy meals, with the help of registered dietitian Chris Mohr, PhD, RD, CSSD. Packed with helpful advice and the powerfully inspiring stories and before-and-after photos of real women who have lost two clothing sizes (and more!) over 8 to 12 weeks, Drop Two Sizes proves that anyone can change their body and their life, for good!

Every verse color-coded Bold Line(Edition Section headings J75full-color maps JCenter column cross-reference system JFootnotes 6 1/4 x 9 1/4 % Font size: 10

A guide to coffee covers its history, including the evolution of coffehouses and other aspects of coffee culture, along with recipes for different kinds of coffee and desserts.

This manual is a dual-Service US Army and US Marine Corps publication introducing new terms and definitions and updating existing definitions as reflected in the latest editions of Army field manuals and Marine Corps doctrinal, warfighting, and reference publications. It complies with DOD Military Standard 2525. When communicating instructions to subordinate units, commanders and staffs from company through corps should use this manual as a dictionary of operational terms and military graphics. This manual incorporates changes in joint terminology and definitions as reflected in JP 1-02 (as amended through June 2003) and provides a single standard for developing and depicting handdrawn and computer-generated military symbols for situation maps, overlays, and annotated aerial photographs for all types of military operations. The symbology chapters of this manual focus primarily on land military symbols applicable for the Army and Marine Corps. In addition to terminology, this manual includes the following updated lists: • Approved acronyms and abbreviations with their expansions. • Two-letter country codes. • Brevity codes and their meanings. • Procedural words. • Tactical tasks. This manual applies to the Active Army, the US Army Reserves, the Army National Guard and the US Marine Corps.

Presents a collection of recipes for a variety of hot and cold coffee beverages, baked goods, and desserts.

Making Peace with God and Money This is not a book about how to make money ... or spend it ... or give it away. Rather, it's a book for anyone who has ever worried about money -- about having enough -- and it begins with a startling assumption: No amount of money will ever lift your anxiety. This may seem counterintuitive, but in Gregory Jeffrey we have an experienced guide. With degrees in business and theology, he has worked as a development consultant for two decades. In meeting with thousands of individuals to ask their support for various causes, he discovered -- to his amazement -- that some people with millions worried constantly about money; others, of very modest means, seemed immune. Apparently, making peace with money entails something other than money. This insight led Jeffrey to question every fundamental assumption we hold about wealth. With warmth, humor, and a writing style as simple as the Dakota prairie he grew up on, he offers a unique perspective on the interplay between our spiritual and financial lives. Rich with images, stories, and compassion for the millions now burdened with financial worries, Jeffrey teases out what is required of the soul who wishes to be free of anxiety. "Practical and timely, this book...will challenge you to grow in wisdom, trust, frugality, and generosity." -- Scott Hahn, best-selling author, speaker, and Scripture scholar "In striving for

holiness, conversion is needed in all parts of our lives. Jeffrey goes to that place rarely examined: the intersection where wealth and God meet, and often come into conflict. As a remedy and balm, he shares with visual examples and heartwarming stories a sobering insight: to be at peace with money, you must first be at peace with God." -- The Most Reverend Samuel J. Aquila, Bishop of Fargo

This ultimate inspiration for coffee lovers everywhere, offers a wonderful selection of treats to serve with a steaming mug of coffee. R has been the gold standard in applied machine learning for a long time. Surveys show that it is the most popular platform used by professional data scientists. It is also preferred by the best data scientists in the world. In this Ebook, learn how to get started, practice and apply machine learning using the R platform.

TEA BASICS Your complete guide to the perfect cup Civilized, soothing, delicious, and relaxing . . . tea offers an ideal refuge from the fast pace and stressful demands of life today. But with the astonishing array of teas currently available, how do you find a cup you can really call your own? Start with Tea Basics. This handy reference covers all of the essentials of tea buying, brewing, and tasting, and explores the comforts of ritual and healing that tea has provided through the centuries. As you sip and savor the wonderful flavors of black teas, green teas, oolongs, and scented/herbal teas, you'll understand why tea is consumed by more people worldwide than any other drink except water. So put the kettle on, put your feet up, and immerse yourself in Tea Basics! Inside you'll find: * Tea facts: its origins, history, and many varieties * Guidance on selection, blending, brewing, tasting, and storage * Tips on tea etiquette * A tea-tasting glossary * Select sources of tea and related equipment

Training Circular (TC) 3-09.81, "Field Artillery Manual Cannon Gunnery," sets forth the doctrine pertaining to the employment of artillery fires. It explains all aspects of the manual cannon gunnery problem and presents a practical application of the science of ballistics. It includes step-by-step instructions for manually solving the gunnery problem which can be applied within the framework of decisive action or unified land operations. It is applicable to any Army personnel at the battalion or battery responsible to delivered field artillery fires. The principal audience for ATP 3-09.42 is all members of the Profession of Arms. This includes field artillery Soldiers and combined arms chain of command field and company grade officers, middle-grade and senior noncommissioned officers (NCO), and battalion and squadron command groups and staffs. This manual also provides guidance for division and corps leaders and staffs in training for and employment of the BCT in decisive action. This publication may also be used by other Army organizations to assist in their planning for support of battalions. This manual builds on the collective knowledge and experience gained through recent operations, numerous exercises, and the deliberate process of informed reasoning. It is rooted in time-tested principles and fundamentals, while accommodating new technologies and diverse threats to national security.

The only guide written exclusively for this specialized market, this title provides the most up-to-date marketing resource information available to beginning and advanced writers, freelancers, editors, publishers, publicists, and all others interested in, or involved with, writing.

In 1940, when the Nazis reach their Norwegian village, twelve-year-old Peter and his friends use their sleds to transport gold bullion to the secret harbor where Peter's uncle waits to take it to the United States for safekeeping.

This book presents an innovative approach to clinical assessment in psychiatry based on a number of psychopathological dimensions with a presumed underlying pathophysiology, that are related to fundamental phenomenological aspects and lie on a continuum from normality to pathology. It is described how the evaluation of these dimensions with a specific, validated rapid assessment instrument could easily integrate and enrich the classical diagnostic DSM-5 or ICD-10 assessment. The supplemental use of this dimensional approach can better capture the complexity underlying current categories of mental illness. The findings from a large patient sample suggest how this assessment could give a first glance at how variable and multifaceted the psychopathological components within a single diagnostic category can be, and thereby optimise diagnosis and treatment choices. Being short and easy to complete, this dimensional assessment can be done in a busy clinical setting, during an ordinary psychiatric visit, and in an acute clinical context, with limited effort by a minimally trained clinician.

Therefore, it provides interesting and useful information without additional costs, and allows research work to be performed even in difficult settings.

The road has been a central motif in the work of Robert Adams (born 1937) since the beginnings of his life as a photographer in the late 1960s. *27 Roads* is the first publication to focus on this important aspect of his work, and is comprised of the artist's concise, poetic selection of images spanning almost five decades. Whether fast concrete highways, quiet cuts through dark forests, paved commercial strips or dusty tracks on a clear-cut mountainside, Adams' roads function as metaphors for solitude, connection or freedom. Adams writes, "Roads can still be beautiful. Occasionally they appear like a perfect knife slicing through a perfect apple, the better to show that two halves are one." Robert Adams has been the recipient of Guggenheim and MacArthur Foundation fellowships, the Deutsche Börse Photography Prize and the Hasselblad Foundation International Award. His work was the subject of a major retrospective organized by the Yale University Art Gallery, which toured internationally from 2011 to 2014.

When danger to the sheep leaves no alternative, a young Navajo boy breaks his promise to his father and is rewarded for his courage and good judgment.

In July 2008, illustrator and designer Christoph Niemann began *Abstract City*, a visual blog for the New York Times. His posts were inspired by the desire to re-create simple and everyday observations and stories from his own life that everyone could relate to. In Niemann's hands, mundane experiences such as riding the subway or trying to get a good night's sleep were transformed into delightful flights of visual fancy. The struggle to keep up with housework became a battle against adorable but crafty goblins, and nostalgia about New York manifested in simple but strikingly spot-on LEGO creations. This brilliantly illustrated collection of reflections on modern life includes all 16 of the original blog posts as well as a new chapter created exclusively for the book. Praise for *Abstract City*: "Everyday experiences—from looking at leaves to riding city subways—are funny and fresh and often a source of wonder when depicted by this brilliant graphic designer." —*Readers Digest* "I will call Christoph when anything awful happens to me. And he will make me laugh like crazy about the whole thing. Because he is insanely funny and completely tenderly true. I love every column he did and will do." —Maira Kalman, author/illustrator of *And the Pursuit of Happiness* "Christoph Niemann is the best illustrator alive. Every single time I come across a piece of his work, which is often as he either works all the time, or worse, draws incredibly fast, it is wonderful. While the rest of us are lucky to get a proper piece out here and there, Christoph produces hit after hit after hit. If he wasn't such a genuinely sweet man, we'd surely hate his ass a lot." —Stefan Sagmeister, author of *Things I Have Learned in My Life So Far* "Few books have more probingly and humorously gotten inside the mind and day-to-day experience of an artist." —NPR.org "What's terrifying (to me, certainly, and possibly to many of his peers) is that nearly every idea he has seems to be equally well formed . . . once again, performing neat, virtuosic circles around the rest of us, to our delight." —*PRINT* magazine "Irresistible." —*Very Short List* "A masterpiece of sophisticated humor, this is a brilliant one-of-a-kind work." —*Library Journal*, starred review

Financial Risk Management and Derivative Instruments offers an introduction to the riskiness of stock markets and the application of derivative instruments in managing exposure to such risk. Structured in two parts, the first part offers an

introduction to stock market and bond market risk as encountered by investors seeking investment growth. The second part of the text introduces the financial derivative instruments that provide for either a reduced exposure (hedging) or an increased exposure (speculation) to market risk. The fundamental aspects of the futures and options derivative markets and the tools of the Black-Scholes model are examined. The text sets the topics in their global context, referencing financial shocks such as Brexit and the Covid-19 pandemic. An accessible writing style is supported by pedagogical features such as key insights boxes, progressive illustrative examples and end-of-chapter tutorials. The book is supplemented by PowerPoint slides designed to assist presentation of the text material as well as providing a coherent summary of the lectures. This textbook provides an ideal text for introductory courses to derivative instruments and financial risk management for either undergraduate, masters or MBA students.

AROUND THE WORLD IN A TEACUP Did you know that tea is the most widely consumed beverage on the planet after water? Or that all of the world's tea originates from only three varieties of a single plant? While a cup of tea may be a simple pleasure for most of us, there are a dizzying number of tastes from which to choose. And every tea, whether a delicately sweet green tea from Japan or a bracing, brisk Darjeeling black, tells a story in the cup about the land that nurtured it and the tea-making skills that transformed it. In this authoritative guide, veteran tea professionals Mary Lou and Robert J. Heiss provide decades of expertise on understanding tea and its origins, the many ways to buy tea, and how to explore and enjoy the six classes of tea (green, yellow, white, oolong, black, and Pu-erh). Additional advice on steeping the perfect cup and storing tea at home, alongside a gallery of more than thirty-five individual teas with tasting notes and descriptions make *The Tea Enthusiast's Handbook* a singular source of both practical information and rich detail about this fascinating beverage.

A man's home is his castle, or so the saying goes, but could it withstand an attack by Attila and the Huns, Ragnar and the Vikings, Alexander and the Greeks, Genghis Khan and the Mongols, or Tamerlane and the Tartars? *Backyard Ballistics* author William Gurstelle poses this fascinating question to modern-day garage warriors and shows them how to build an arsenal of ancient artillery and fortifications aimed at withstanding these invading hordes. Each chapter introduces a new bad actor in the history of warfare, details his conquests, and features weapons and fortifications to defend against him and his minions. Clear step-by-step instructions, diagrams, and photographs show how to build a dozen projects, including "Da Vinci's Catapult," "Carpini's Crossbow," a "Crusader-Proof Moat," "Alexander's Tortoise," and the "Cheval-de-frise." With a strong emphasis on safety, the book also gives tips on troubleshooting, explains the physics behind many of the projects, and shows where to buy the materials. By the time they've reached the last page, at-home defenders everywhere will have succeeded in creating a fully fortified home.

Reproduction of the original: *Going to Maynooth* by William Carleton

Is Lucan's brilliant and grotesque epic *Civil War* an example of ideological poetry at its most flagrant, or is it a work that despairingly proclaims the meaninglessness of ideology? Shadi Bartsch offers a startlingly new answer to this split debate on the Roman poet's magnum opus. Reflecting on the disintegration of the Roman republic in the wake of the civil war that began in 49 B.C., Lucan (writing during the grim tyranny of Nero's Rome) recounts that fateful conflict with a strangely ambiguous portrayal of his republican hero, Pompey. Although the story is one of a tragic defeat, the language of his epic is more often violent and nihilistic than heroic and tragic. And Lucan is oddly fascinated by the graphic destruction of lives, the violation of human bodies--an interest paralleled in his deviant syntax and fragmented poetry. In an analysis that draws on contemporary political thought ranging from Hannah Arendt and Richard Rorty to the poetry of Vietnam veterans, as well as on literary theory and ancient sources, Bartsch finds in the paradoxes of Lucan's poetry both a political irony that responds to the universally perceived need for, yet suspicion of, ideology, and a recourse to the redemptive power of storytelling. This shrewd and lively book contributes substantially to our understanding of Roman civilization and of poetry as a means of political expression.

Table of Contents: Preface Introduction The Subject under Siege Paradox, Doubling, and Despair Pompey as Pivot The Will to Believe History without Banisters Notes Bibliography Index

Reviews of this book: The problem of Lucan's stance is notorious, and it is the focus of Bartsch's book...She makes her own gripping contribution to the dossier of Lucanian despair in her first two chapters; but she believes that ultimately such interpretations sell the poet short, as an artist and a person. Her Lucan, both inside and outside his poem, is a Sartrean existentialist or a Rortyan moral ironist, who accepts the evanescence of traditional moral and political verities but who behaves as if his ideology matters anyhow and makes his choice regardless. Hence the "ideology in cold blood" of her title: Lucan knows, and spellbindingly demonstrates, that Liberty is a cipher, but he commits himself to it none the less. Bartsch has put her finger on a key issue, and her passionate book is a useful check to the establishment of a new orthodoxy on Lucan. --Denis Feeney, *Times Literary Supplement*

Reviews of this book: This could be that elusive creature, an Important Book. --Gideon Nisbet, *Bryn Mawr Classical Review*

Reviews of this book: This is a stimulating work, which I find has provoked many questions about Lucan's poem, about liberal irony, and about history...The strengths of this book lie in its brevity, in its integration of detailed analyses with broader theoretical issues, and in its accessibility. It addresses a question which is of relevance to not only Lucanians, or Latinists, or classicists, but anyone who thinks about the politics of literature. --Ellen O'Gorman, *Classical World*

Reviews of this book: Bartsch goes far beyond the boundaries of Lucan's *Civil War* itself. Readers interested in Latin literature in general, in the civil wars that ended the Republic, in the political context of the first centuries B.C.E. and C.E., in questions of human response to political repression long after Lucan, and those interested in Lucan himself as poet and conspirator, will want to read *Ideology in Cold Blood*. Bartsch has taken two prevailing camps of criticism--Lucan as "nihilist" and Lucan as "partisan"--and proposed an elegantly argued third alternative: Lucan as "political ironist." --Choice

Reviews of this book: *Ideology in Cold Blood* provides a strikingly dissident approach to Lucan in that it aims to weld together a text-oriented focus, a political reading of the *Civil War* and a discussion of Lucan's political activities, i.e. his involvement in the

Pisonian conspiracy. Bartsch's decision to include a biographical approach in her analysis should not be taken for bland naivety coming at a time when influential scholars on Lucan have come to reject this approach for the blatant fallacies that it entails. Bartsch offers something completely novel in this area, for it is entirely obvious that her sympathies do not lie with forms of historical reconstructionism in which the biographical data are simply made to correlate with the presumed political message of the poem...[Bartsch's book] will surely be ranked among the best works on the poet and I strongly recommend it to scholars interested in the literature of the Principate and in the role of Roman political epic.

--Marc Kleijwegt, Scholia

Hapgood's tour de force is back in print! This riveting account of how earth's poles have flipped positions many times is the culmination of Hapgood's extensive research of Antarctica, ancient maps and the geological record. This amazing book discusses the various pole shifts in earth's history -- occurring when earth's crust slips in the inner core -- and gives evidence for each one. It also predicts future pole shifts: a planetary alignment will cause the next one on 5 May 2000! Packed with illustrations, this book is the reference other books on the subject cite over and over again. With millennium madness in full swing, this is just the book to generate even more excitement at the unknown possibilities.

"Pollock and Edwards explain the nuts-and-bolts of research design and data analysis in a clear and concise style. The Essential of Political Analysis is an intuitive introduction to complex material, replete with examples from the political science literature that add relevance to statistical concepts. This text offers students an excellent balance between the technical and the practical."

—Francis Neely, San Francisco State University Gain the skills you need to conduct political analysis and critically assess statistical research. In this Sixth Edition of The Essentials of Political Science, bestselling authors Philip H. Pollock III and Barry C. Edwards build students' analytic abilities and develop their statistical reasoning with new data, fresh exercises, and accessible examples.

This brief, accessible guide walks students through the essentials—measuring concepts, formulating and testing hypotheses, describing variables—while using key terms, chapter-opening objectives, over 80 tables and figures, and practical exercises to get them using and applying their new skills. Using SPSS, STATA or R? Discounted package deals available with Philip H. Pollock's companion workbooks. See more information on the "Packages" tab or contact your SAGE | CQ Press sales rep. Give your students the SAGE edge! SAGE edge offers a robust online environment featuring an impressive array of free tools and resources for review, study, and further exploration, keeping both instructors and students on the cutting edge of teaching and learning.

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Are you thinking about earning a living teaching English but you don't know how? Buy The Ultimate ESL Teaching Manual and discover a skill that will serve you for the rest of your life. What people are saying about The Ultimate ESL Teaching Manual on Amazon 'What a great book! Andromeda's knowledge and experience shines through. She gets straight to the point, gives very clear grammar explanations and loads of practical help, ' Sheila Longden. 'This is a one-stop shop for preparing powerful classes that throws out the need for costly and confusing text books. Priceless!' Amazon Customer. 'Great book, saved me hours of prep! Each grammar point comes with its own speaking activity so you won't run out of ideas about what to teach your students.'

TeacherA24. The Ultimate Teaching ESL Manual is a complete English teaching system designed so that any native speaker (with TEFL experience or not) can pick up the book and start teaching. With this book you will have the power to: Start teaching English online or in the classroom now with a step-by-step guide to teaching every grammar point in the English language. Never run out of words with over 60 vocabulary sets to teach covering beginner, intermediate, advanced to super-advanced levels. Keep your students engaged with follow-on activities for every class including role plays, games and problem solving activities. Cut down on preparation time with all lessons planned out for you. Add interest to your classes with an appendix full of illustrated worksheets which Manual owners can download in high resolution from the book's website. Travel light and save money on expensive textbooks with everything you need to teach English in one book. Provide students with fantastic lessons they want with a methodology focused on language learning through speaking practice.

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