

Comatose The Book Of Maladies

Blindsight is the Hugo Award–nominated novel by Peter Watts, "a hard science fiction writer through and through and one of the very best alive" (The Globe and Mail). Two months have past since a myriad of alien objects clenched about the Earth, screaming as they burned. The heavens have been silent since—until a derelict space probe hears whispers from a distant comet. Something talks out there: but not to us. Who should we send to meet the alien, when the alien doesn't want to meet? Send a linguist with multiple-personality disorder and a biologist so spliced with machinery that he can't feel his own flesh. Send a pacifist warrior and a vampire recalled from the grave by the voodoo of paleogenetics. Send a man with half his mind gone since childhood. Send them to the edge of the solar system, praying you can trust such freaks and monsters with the fate of a world. You fear they may be more alien than the thing they've been sent to find—but you'd give anything for that to be true, if you knew what was waiting for them. . . . At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Decades of peace has ended. The real battle is still to come. Sam and Alec work to understand their connected magic, but the limited supply of easar paper limits them. Worse, Marin has again disappeared, leaving questions unanswered. How can they be ready for another TheIn attack if they don't have an opportunity to train with their abilities? New power complicates everything. Sam wants to use it to continue taking jobs that will eventually buy her way into the nicer sections of the city, but Alec sees a higher purpose to their magic. When an opportunity Alec thought he would never have is offered, he needs to decide whether to follow his heart or his mind. Sam feels like she should be more than a lowborn, but what is she without her Scribe? Strange attacks in the city leaves her thinking she and Marin aren't the only Kavers remaining, but why would Marin keep that from her? Finding the answers she and Alec need puts both of their lives in danger but might be the key to knowing whether she'll ever be anything more than a lowborn. The safety of the city just might depend on it.

There is a biological force within the body that wants you to live to old age. While conventionally this force is known in medicine as the immune system, Dr. Bob calls it: "The Biological Soul." The Biological Soul is designed to protect you and allow you to live a healthy life. This force is tangible, measurable, lives within the physical body and determines our age and wellbeing through life. It is physical and complex and, in many ways, spiritual. It is affected by life's stresses, by diets, and by overall health and though not immortal; it both shapes your life and your life shapes it. IMMUNITY STRONG walks readers through how the immune system works, what makes it implode or keeps it safe and what modern science reveals about how it connects to every part of the body to keep it alive—as the seat of our "Biological Soul." Written in Dr. Bob's trade-mark down-to earth style, the book explains that the normal immune system functions like a police department protecting the body from harm. While as a nation we have recently been focused on the effects of infections, the book reveals that it is important to note that disorders of immunity are at the root of most diseases that shorten or impact our lives. From chronic pain and fatigue syndromes, heart disease and clogged arteries and even the ability to recognize and destroy cancer, to multiple sclerosis, lupus, celiac disease, rheumatoid arthritis and autoimmune disorders are all linked to one or another glitch in the immune system. The purpose of this book is to provide significant information on the incredible complexity of the immune system and how the integration of spiritual, scientific, and emotional values can enhance health. It is Dr. Bob's hope that readers will find a new appreciation of the miracle that is the physical body and to understand the potential within our Biological Soul to promote longevity and overall happiness to life. IMMUNITY STRONG: Boost Your Body's Natural Healing Power and Live to 100 is a must-read for anyone wishing to nurture and enhance their health.

In *Trouble in Paradise*, Slavoj Žižek, one of our most famous, most combative philosophers, explains how we can find a way out of the crisis of capitalism. There is obviously trouble in the global capitalist paradise. But why do we find it so difficult to imagine a way out of the crisis we're in? It is as if the trouble feeds on itself: the march of capitalism has become inexorable, the only game in town. Setting out to diagnose the condition of global capitalism, the ideological constraints we are faced with in our daily lives, and the bleak future promised by this system, Slavoj Žižek explores the possibilities—and the traps—of new emancipatory struggles. Drawing insights from phenomena as diverse as “Gangnam Style” to Marx, *The Dark Knight* to Thatcher, *Trouble in Paradise* is an incisive dissection of the world we inhabit, and the new order to come.

"What Mukherjee attempts, and succeeds in doing, is to offer what many students -- undergraduates as well as students of medicine, nursing, and public health -- have long clamored for: a primer not only of recent developments in global health, but also a patient dissection of what has worked less well (and what hasn't worked at all)." --Paul Farmer, from the foreword

The field of global health has roots in the AIDS pandemic of the late 20th century, when the installation of health care systems supplanted older, low-cost prevention programs to help stem the spread of HIV in low- and middle-income Africa. Today's global health is rooted the belief that health care is a human right, and that by promoting health we can cultivate equity and social justice in places where such values aren't always found. *An Introduction to Global Health Delivery* is a short but immersive introduction to global health's origins, actors, interventions, and challenges. Informed by physician Joia Mukherjee's quarter-century of experience fighting disease and poverty in more than a dozen countries, it delivers a clear-eyed overview of the movement underway to reduce global health disparities and establish sustainable access to care, including details of what has worked so far -- and what hasn't. Grounded in the historical and social factors that propagate health disparities and enriched with case studies and exercises that encourage readers to think critically about the subject matter, this text is the essential starting point for readers of any background seeking a practical grounding in global health's promise and progress.

A fascinating look at a bizarre, forgotten epidemic from the national bestselling author of *The American Plague*. In 1918, a world war raged, and a lethal strain of influenza circled the globe. In the midst of all this death, a bizarre disease appeared in Europe. Eventually known as encephalitis lethargica, or sleeping sickness, it spread worldwide, leaving millions dead or locked in institutions. Then, in 1927, it disappeared as suddenly as it arrived. *Asleep*, set in 1920s and '30s New York, follows a group of neurologists through hospitals and asylums as they try to solve this epidemic and treat its victims—who learned the worst fate was not dying of it, but surviving it.

Finding the truth in the present means understanding their past. Newly promoted to full physicker, Alec still struggles with his place in the University. Friends treat him differently and the master physickers no longer allow him to study with them. After everything that has happened, he's still an outsider. When his father arrives at the university for healing, Alec must use everything he learned from him in order to save him, but even that might not be enough. He must discover the secret of his illness by finding a way to work with the master physickers, but what he finds is unexpected and hints at a greater plot taking hold. Sam wants nothing more than to head toward the TheIn lands after her brother, but with Alec needing her help, she postpones the journey. Rather than having the opportunity to help Alec, she finds herself chasing details of the past Marin has hidden, only to realize the deception to the city runs much deeper than she could ever had imagined. Could it be that Marin had actually saved Tray as she claimed? Though they have both progressed in knowledge and ability, it still might not be enough to stop a plot against the city that has gestated for years and finally threatens to come to fruition. The truth behind the plot has the potential to destroy the city, if it doesn't destroy

Sam and Alec first.

The New York Times bestselling author of *Better* and *Complications* reveals the surprising power of the ordinary checklist. We live in a world of great and increasing complexity, where even the most expert professionals struggle to master the tasks they face. Longer training, ever more advanced technologies—neither seems to prevent grievous errors. But in a hopeful turn, acclaimed surgeon and writer Atul Gawande finds a remedy in the humblest and simplest of techniques: the checklist. First introduced decades ago by the U.S. Air Force, checklists have enabled pilots to fly aircraft of mind-boggling sophistication. Now innovative checklists are being adopted in hospitals around the world, helping doctors and nurses respond to everything from flu epidemics to avalanches. Even in the immensely complex world of surgery, a simple ninety-second variant has cut the rate of fatalities by more than a third. In riveting stories, Gawande takes us from Austria, where an emergency checklist saved a drowning victim who had spent half an hour underwater, to Michigan, where a cleanliness checklist in intensive care units virtually eliminated a type of deadly hospital infection. He explains how checklists actually work to prompt striking and immediate improvements. And he follows the checklist revolution into fields well beyond medicine, from disaster response to investment banking, skyscraper construction, and businesses of all kinds. An intellectual adventure in which lives are lost and saved and one simple idea makes a tremendous difference, *The Checklist Manifesto* is essential reading for anyone working to get things right.

Blood magic can either save or destroy their city. With the true threat revealed, Sam and Alec search for Master Helen and decide upon a dangerous gamble to uncover her plot. When Kavers turn up injured and drained of blood, they fear they might already be too late. The search for Helen leads to a discovery that changes everything Sam thinks about the Thelns and convinces her she needs to go after her brother. Reaching him is dangerous and will leave the city unprotected, but if she doesn't, a far worse fate awaits. As Helen's plan unfolds, Sam and Alec race to stop it, but they must discover what she truly intends or everyone with blood magic will suffer. The key to stopping her is a secret kept from everyone in Verdholm for decades, but that same key might be integral to her success.

The story of two doctors, a father and son, who practiced in very different times and the evolution of the ethics that profoundly influence health care. As a practicing physician and longtime member of his hospital's ethics committee, Dr. Barron Lerner thought he had heard it all. But in the mid-1990s, his father, an infectious diseases physician, told him a stunning story: he had physically placed his body over an end-stage patient who had stopped breathing, preventing his colleagues from performing cardiopulmonary resuscitation, even though CPR was the ethically and legally accepted thing to do. Over the next few years, the senior Dr. Lerner tried to speed the deaths of his seriously ill mother and mother-in-law to spare them further suffering. These stories angered and alarmed the younger Dr. Lerner—an internist, historian of medicine, and bioethicist—who had rejected physician-based paternalism in favor of informed consent and patient autonomy. *The Good Doctor* is a fascinating and moving account of how Dr. Lerner came to terms with two very different images of his father: a revered clinician, teacher, and researcher who always put his patients first, but also a physician willing to “play God,” opposing the very revolution in patients' rights that his son was studying and teaching to his own medical students. But the elder Dr. Lerner's journals, which he had kept for decades, showed the son how the father's outdated paternalism had grown out of a fierce devotion to patient-centered medicine, which was rapidly disappearing. And they raised questions: Are paternalistic doctors just relics, or should their expertise be

used to overrule patients and families that make ill-advised choices? Does the growing use of personalized medicine—in which specific interventions may be best for specific patients—change the calculus between autonomy and paternalism? And how can we best use technologies that were invented to save lives but now too often prolong death? In an era of high-technology medicine, spiraling costs, and health-care reform, these questions could not be more relevant. As his father slowly died of Parkinson's disease, Barron Lerner faced these questions both personally and professionally. He found himself being pulled into his dad's medical care, even though he had criticized his father for making medical decisions for his relatives. Did playing God—at least in some situations—actually make sense? Did doctors sometimes “know best”? A timely and compelling story of one family's engagement with medicine over the last half century, *The Good Doctor* is an important book for those who treat illness—and those who struggle to overcome it.

“A profoundly illuminating account of how the brain works ... Rebecca Schwarzlose is a neuroscientist with a novelist's literary flair.”—Cass R. Sunstein, author of *Too Much Information* A path-breaking journey into the brain, showing how perception, thought, and action are products of maps etched into your gray matter—and how technology can use them to read your mind. Your brain is a collection of maps. That is no metaphor: scrawled across your brain's surfaces are actual maps of the sights, sounds, and actions that hold the key to your survival. Scientists first began uncovering these maps over a century ago, but we are only now beginning to unlock their secrets—and comprehend their profound impact on our lives. Brain maps distort and shape our experience of the world, support complex thought, and make technology-enabled mind reading a modern-day reality, which raises important questions about what is real, what is fair, and what is private. They shine a light on our past and our possible futures. In the process, they invite us to view ourselves from a startling new perspective. ? In *Brainscapes*, Rebecca Schwarzlose combines unforgettable real-life stories, cutting-edge research, and vivid illustrations to reveal brain maps' surprising lessons about our place in the world—and about the world's place within us.

Fitz-Hugh Ludlow was a recent graduate of Union College in Schenectady, New York, when he vividly recorded his hasheesh-induced visions, experiences, adventures, and insights. During the mid-nineteenth century, the drug was a legal remedy for lockjaw and Ludlow had a friend at school from whom he received a ready supply. He consumed such large quantities at each sitting that his hallucinations have been likened to those experienced by opium addicts. Throughout the book, Ludlow colorfully describes his psychedelic journey that led to extended reflections on religion, philosophy, medicine, and culture. First published in 1857, *The Hasheesh Eater* was the first full-length American example of drug literature. Yet despite the scandal that surrounded it, the book quickly became a huge success. Since then, it has become a cult classic, first among Beat writers in the 1950s and 1960s, and later with San Francisco Bay area hippies in the 1970s. In this first scholarly edition, editor Stephen Rachman positions Ludlow's enduring work as not just a chronicle of drug use but also as a window into the budding American bohemian literary scene. A lucid introduction explores the breadth of Ludlow's classical learning as well as his involvement with the nineteenth-century subculture that included fellow revelers such as Walt Whitman and the pianist Louis Gottshalk. With helpful annotations guiding readers through the text's

richly allusive qualities and abundance of references, this edition is ideal for classroom use as well as for general readers.

With a seven-year age difference, Ryke & Daisy have faced an uphill battle in the eyes of the world and their families. Known as the most adventurous, fast-paced couple — their next step has always been elusive to the rabid media. Behind the scenes, heartbreaking troubles continue to test Ryke & Daisy's resilience and shape their future together. They promise: To never slow down. To never compromise who they are. To never abandon their love for each other. But preserving their happiness also means adding more risks. Ones that Connor Cobalt wouldn't even take. As a professional free-solo climber, Ryke is no stranger to risk, but his next step with Daisy wagers more than just his health. With their lives on the line, Ryke & Daisy head towards the vast, wild unknown in this epic final conclusion to the Addicted series.

A warrior who cannot die. A water seeker who wants only to save her people. An endless war that hides a threat greater than either have faced before. Jasn, a warrior known as the Wrecker of Rens, seeks vengeance for the loss of his beloved to the deadly draasin during the Endless War, wanting nothing more than to sacrifice himself in the process. When an old friend offers a dangerous chance for him to finally succeed, the key to understanding what he finds requires him to abandon all that he believes. Ciara, a water seeker of Rens living on the edge of the arid waste, longs for the strength to help her people. When the great storms don't come to save her people, she will risk everything for her village on a deadly plan that could finally bring them to safety. As the Endless War continues, both have a part to play in stopping it, but Jasn must discover forgiveness and Ciara must find her inner strength if they are to succeed. If they cannot, a threat greater than either nation will be unleashed.

Renowned for the beauty and simplicity of his teachings, Ajahn Chah was Thailand's best-known meditation teacher. His charisma and wisdom influenced many American and European seekers, and helped shape the American Vipassana community. This collection brings together for the first time Ajahn Chah's most powerful teachings, including those on meditation, liberation from suffering, calming the mind, enlightenment and the 'living dhamma'. Most of these talks have previously only been available in limited, private editions and the publication of Food for the Heart therefore represents a momentous occasion: the hugely increased accessibility of his words and wisdom. Western teachers such as Ram Dass and Jack Kornfield have extolled Chah's teachings for years and now readers can experience them directly in this book.

The cranial nerves impact a broad range of normal motor and sensory functions ranging from smell and vision to balance. The Cranial Nerves: An Introduction to the Unique Nerves of the Head, Neck and Special Senses is an engaging and valuable primer on the biological function and clinical importance of these unique nerves. The Cranial Nerves opens with the history of our understanding of the cranial nerves and a brief introduction of key neuroanatomical concepts that will inform the clinical portions that follow. Chapters then detail each nerve and its unique function and impact on our senses, motor function, and health. Vividly illustrated and supported by real-life clinical cases, the book will appeal to anyone looking to gain a better understanding of cranial nerves. Merging foundational anatomical and biological information with intriguing clinical cases, The Cranial Nerves: An Introduction to the Unique Nerves of the Head, Neck and Special Senses introduces readers to the anatomy and diverse function of

this unique family of nerves.

Agastya Sen, known to friends by the English name August, is a child of the Indian elite. His friends go to Yale and Harvard. August himself has just landed a prize government job. The job takes him to Madna, "the hottest town in India," deep in the sticks. There he finds himself surrounded by incompetents and cranks, time wasters, bureaucrats, and crazies. What to do? Get stoned, shirk work, collapse in the heat, stare at the ceiling. Dealing with the locals turns out to be a lot easier for August than living with himself. English, August is a comic masterpiece from contemporary India. Like *A Confederacy of Dunces* and *The Catcher in the Rye*, it is both an inspired and hilarious satire and a timeless story of self-discovery.

Published to overwhelming critical acclaim, this remarkable collection of short stories established A. M. Homes as one of the most provocative and daring writers of her generation. Here you'll find the cult classic, "A Real Doll," the tale of a teenage boy's erotic obsession with his sister's Barbie doll; "Adults Alone," which first introduced Paul and Elaine, the crack-smoking yuppie couple whose marriage careens out of control in Homes's novel *Music for Torching*; and "Looking for Johnny," in which a kidnapped boy, having failed his abductors' expectations, is returned home. Brilliantly conceived and sharply etched, these stories explore the American dream in ways readers cannot forget. Working in Kodacolor hues, Homes offers an uncanny picture of a surreal suburbia -- outrageous and utterly believable.

What happens when catastrophe becomes an everyday occurrence? Each of the seven stories in Assia Djebar's *The Tongue's Blood Does Not Run Dry* reaches into the void where normal and impossible realities coexist. All the stories were written in 1995 and 1996—a time when, by official accounts, some two hundred thousand Algerians were killed in Islamist assassinations and government army reprisals. Each story grew from a real conversation on the streets of Paris between the author and fellow Algerians about what was happening in their native land. Contemporary events are joined on the page by classical themes in Arab literature, whether in the form of Berber texts sung by the women of the Mزاب or the tales from *The Book of One Thousand and One Nights*. *The Tongue's Blood Does Not Run Dry* beautifully explores the conflicting realities of the role of women in the Arab world. With renowned and unparalleled skill, Assia Djebar gives voice to her longing for a world she has put behind her.

An assessment of cancer addresses both the courageous battles against the disease and the misperceptions and hubris that have compromised modern understandings, providing coverage of such topics as ancient-world surgeries and the development of present-day treatments. Reprint. Best-selling winner of the Pulitzer Prize. Includes reading-group guide.

In the tradition of Oliver Sacks, science journalist Anil Ananthaswamy skillfully inspects the bewildering connections among brain, body, mind, self, and society by examining a range of neuropsychological ailments from autism and Alzheimer's to out-of-body experiences and body integrity identity disorder. Award-winning science writer Anil Ananthaswamy smartly explores the concept of self by way of several mental conditions that eat away at patients' identities, showing we learn a lot about being human from people with a fragmented or altered sense of self. Ananthaswamy travelled the world to meet those who suffer from "maladies of the self" interviewing patients, psychiatrists, philosophers and neuroscientists along the way. He charts how the self is

affected by Asperger's, autism, Alzheimer's, epilepsy, schizophrenia, among many other mental conditions, revealing how the brain constructs our sense of self. Each chapter is anchored with stories of people who experience themselves differently from the norm. Readers meet individuals in various stages of Alzheimer's disease where the loss of memory and cognition results in the loss of some aspects of the self. We meet a woman who recalls the feeling of her first major encounter with schizophrenia which she describes as an outside force controlling her. Ananthaswamy also looks at several less familiar conditions, such as Cotard's syndrome, in which patients believe they are dead, and those with body integrity identity disorder, where the patient seeks to have a body part amputated because it "doesn't belong to them." Moving nimbly back and forth from the individual stories to scientific analysis *The Man Who Wasn't There* is a wholly original exploration of the human self which raises fascinating questions about the mind-body connection.

This open access book takes a multidisciplinary approach to provide a holistic understanding of late old age, and situates the aged person within the context of family, caregivers, clinical and other institutions. All through the book, the author discusses preparedness for an aging individual as well as the society in the Indian context. The book highlights inevitable but mostly neglected health issues like depression, dementia, fall, and frailty and provides detailed analyses of solutions that are practicable in low resource settings. It also brings up intergenerational differences and harmony in the context of holistic care of older Indians. Alongside clinical perspectives, the book uses narratives of elderly patients to dwell on the myriad of problems and issues that constitute old age healthcare. Demonstrating cases that range from the most influential to the most underprivileged elderly in India, the book enlightens multiple caregivers—doctors, nurses, and professional caregivers as well as family members—about the dynamic approach required in dealing with complex issues related to late old age. The narratives make the book relatable and interesting to non-academic readers, with important lessons for gerontological and geriatric caregiving. It is also of use to older adults in preparing for active aging.

GENERAL INTRODUCTION This study of the concept of health is an attempt to combine central ideas in modern philosophy of medicine with certain results from analytical action theory. What emerges from the study is a concept of health based on an action-theoretic foundation. A person's health is characterized as his ability to achieve his vital goals. The general conception is not new. This study has been inspired by a number of scholars, both ancient and modern. The most important influences from the latter have been those of Georges Canguilhem, H. Tristram Engelhardt Jr. , Caroline Whitbeck and Ingmar Pörn. The novel aspect of this book consists of elaborations made to the general conception. First, the action-theoretic platform is analysed in some detail. The nature of the ability involved, as well as the conditions for having that ability, are specified. Second, the vital goals of man are given considerable attention. Some previous attempts to define such vital goals are analysed and criticized. A new characterization is proposed, in which the vital goals are conceptually linked to the notion of happiness. A person's vital goals are such states of affairs as are necessary and together sufficient for his minimal happiness. Third, a number of consequences of this conception are observed and analysed. One issue which is particularly emphasized is that of whether the concept of health is a theoretical or a

normative concept.

Outside London behind a stone wall stands Lake House, a private asylum for genteel women of a delicate nature. In the winter of 1859, recently-married Anna Palmer becomes its newest arrival, tricked by her husband into leaving her home, incarcerated against her will and declared hysterical and unhinged. With no doubts as to her sanity, Anna is convinced that she will be released as soon as she can tell her story. But Anna quickly learns that liberty will not come easily. And the longer she remains at Lake House, the more she realises that - like the ethereal bridge over the asylum's lake - nothing is as it appears. She begins to experience strange visions and memories that may lead her to the truth about her past, herself, and to freedom - or lead her so far into the recesses of her mind that she may never escape.

There are disorders that defy treatment with prescribed pharmaceuticals: a man's hands shake so hard that he cannot hold anything; a woman is mired in severe inescapable depression. For these patients and others, an alternative is emerging: deep brain stimulation. In this fascinating and timely investigation, well-known science writer Jamie Talan explains a cutting-edge medical development that is surprising and impressing researchers around the world. More than 40,000 people worldwide have undergone deep brain stimulation, which involves implanting electrodes in the brain that are connected to a device similar to a pacemaker. With compelling profiles of patients and an introduction to doctors and scientists who are pioneering the research, Talan describes the ways in which deep brain stimulation has produced promising results in the treatment of diseases such as Parkinson's disease, depression, obsessive-compulsive disorder, and dystonia—as well as the ethical issues that have arisen in the course of this research.

Finding the truth means risking everything. While trying to track down her brother, Sam discovers she isn't through with Marin quite yet. An attack proves that a traitor sympathetic to Marin remains active in the city, but training prevents Sam from finding answers. With the Thelns once more in the city, Elaine doesn't believe Sam should be involved in the search, which means she has to go off on her own. Doing so risks her position at the palace, but any other choice puts her brother in danger. Alec continues his studies and realizes how much he still has to learn at the university. Now that he knows some of the master physickers are also Scribes, he wants answers, but his search places him at odds with someone far more powerful than him. When Sam asks for his help with her quest to find the traitor, Alec has to make a dangerous decision and the fallout will change their lives in the city. Failure means more than another Theln attack upon the city-it means they might lose everything they have discovered about themselves.

In Sweden, hundreds of refugee children fall into a state that resembles sleep for months or years at a time. In Le Roy, a town in upstate New York, teenage girls develop involuntary twitches and seizures that spread like a contagion. In the U.S. Embassy in Cuba, employees experience headaches and memory loss after hearing strange noises during the night. These are only a few of the many suspected culture-bound psychosomatic syndromes—specific sets of symptoms that exist in a particular culture or environment—that affect people throughout the world. In *The Sleeping Beauties*, Dr. Suzanne O'Sullivan—an award-winning Irish neurologist—investigates psychosomatic disorders, traveling the world to visit communities suffering from these

so-called mystery illnesses. From a derelict post-Soviet mining town in Kazakhstan to the Mosquito Coast of Nicaragua to the heart of the María Mountains in Colombia, O'Sullivan records the remarkable stories of syndromes related to her by people from all walks of life. Riveting and often distressing, these case studies are recounted with compassion and humanity. In examining the complexity of psychogenic illness, O'Sullivan has written a book of both fascination and serious concern as these syndromes continue to proliferate around the globe.

Take your understanding to a whole new level with Pageburst digital books on VitalSource! Easy-to-use, interactive features let you make highlights, share notes, run instant topic searches, and so much more. Best of all, with Pageburst, you get flexible online, offline, and mobile access to all your digital books. The clear, concise, and cutting-edge medical-surgical nursing content in *Medical-Surgical Nursing: Concepts & Practice, 2nd Edition* provides the solid foundation you need to pass the NCLEX Examination and succeed as a new nurse. It builds on the fundamentals of nursing and covers roles, settings, health care trends, all body systems and their disorders, emergency and disaster management, and mental health nursing. Written by noted authors Susan deWit and Candice Kumagai, *Medical-Surgical Nursing* reflects current national LPN/LVN standards with its emphasis on safety as well as complementary and alternative therapies. UNIQUE! LPN Threads share learning features with Elsevier's other LPN textbooks, providing a consistency across the Elsevier LPN curriculum. Key Terms include phonetic pronunciations and text page references. Key Points are located at the end of chapters and summarize chapter highlights. Overview of Anatomy and Physiology at the beginning of each body system chapter provides basic information for understanding the body system and its disorders. Nursing Process provides a consistent framework for disorders chapters. Evidence-Based Practice is highlighted with special icons indicating current research. Assignment Considerations boxes address situations in which the charge nurse delegates to the LPN/LVN or the LPN/LVN assigns tasks to unlicensed assistive personnel. Focused Assessment boxes include information on history taking and psychosocial assessment, physical assessment, and guidance on how to collect data/information for specific disorders. Elder Care Points boxes address the unique medical-surgical care issues that affect older adults. Legal and Ethical Considerations boxes focus on specific disorder-related issues. Safety Alert boxes highlight specific dangers to patients related to medications and clinical care. Clinical Cues provide guidance and advice related to the application of nursing care. Think Critically About boxes encourage you to synthesize information and apply concepts beyond the scope of the chapter. Concept Maps in the disorders chapters help you visualize difficult material and illustrate how a disorder's multiple symptoms, treatments, and side effects relate to each other. Health Promotion boxes address wellness and disease prevention, including diet, infection control, and more. Complementary and Alternative Therapies boxes offer information on how nontraditional treatments for medical-surgical conditions may be used to complement traditional treatment. Cultural Considerations promote understanding and sensitivity to various ethnic groups. Nutrition Considerations address the need for holistic care and reflect the increased focus on nutrition in the NCLEX Examination. Patient Teaching boxes provide step-by-step instructions and guidelines for post-hospital care. Home Care Considerations boxes focus on post-discharge adaptations of medical-surgical

nursing care to the home environment. Mental Health Nursing unit includes information on disorders of anxiety and mood, eating disorders, cognitive disorders, thought and personality disorders, and substance abuse. Disaster Management content includes material focusing on preparation and mitigation to avoid losses and reduce the risk of injury associated with both natural and bioterrorist disasters. Nursing Care Plans with Critical Thinking Questions show how a care plan is developed and how to evaluate care of a patient. Review questions for the NCLEX-PN Examination at the end of each chapter include alternate-item format questions and help prepare you for class tests and the NCLEX exam. Critical Thinking Activities at the end of chapters include clinical situations and relevant questions, allowing you to hone your critical thinking skills. UNIQUE! Best Practices are highlighted to show the latest evidence-based research related to interventions. Online resources listed at the end of each chapter promote comprehensive patient care based on current national standards and evidence-based practices. UNIQUE! Icons in page margins point to related animations, video clips, additional content, and related resources on the Evolve site.

Now in its second edition, Gray's Anatomy Review continues to be an easy-to-use resource that helps you relate anatomy to clinical practice and pass your exams. Designed as a companion to Gray's Anatomy for Students, this medical textbook is your indispensable resource for both in-course examinations and the USMLE Step 1. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Enhance your understanding of the subject and access more detailed information with specific page references to Gray's Anatomy for Students, plus key answers and explanations to Gray's Basic Anatomy and Gray's Atlas of Anatomy. Challenge your grasp of anatomical knowledge and the anatomical basis of disease with more than 500 high-quality, USMLE-style questions, complete with answers and rationales, that mirror the actual USMLE Step 1. Visualize key concepts with updated radiologic images and extensive use of photographs. Understand the latest imaging techniques as seen in clinical practice with the most current knowledge available on today's anatomical imaging modalities.

Exiled by his family. Claimed by thieves. Could his dark ability be the key to his salvation? Rsiran is a disappointment to his family, gifted with the ability to Slide. It is a dark magic, one where he can transport himself wherever he wants, but using it will only turn him into the thief his father fears. Forbidden from Sliding, he's apprenticed under his father as a blacksmith where Iorcith, a rare, precious metal with arcane properties, calls to him, seducing him into forming forbidden blades. When discovered, he's banished, sentenced indefinitely to the mines of Ilphaesn Mountain. Though Rsiran tries to serve obediently, to learn to control the call of Iorcith as his father demands, when his life is threatened in the darkness of the mines, he finds himself Sliding back to Elaeavn where he finds a black market for his blades - and a new family of thieves. There someone far more powerful than him discovers what he can do and intends to use him. He doesn't want to be a pawn in anyone's ambitions; all he ever wanted was a family. But the darkness inside him cannot be ignored - and he's already embroiled in an ancient struggle that only he may be able to end.

When a treacherous superior officer forced Heris Serrano to resign her commission in the Regular Space Service, she thought she would simply be marking time captaining a rich lady's interstellar yacht. But things seem to happen when Heris is around. During

Lady Cecelia's most recent pleasure cruise, Heris exposed a sinister 'hunting club' which used humans as prey, and in the process rescued some former Fleet friends and colleagues betrayed by the same senior officer who engineered her own resignation from Fleet. All well and good, but one of the hunters had been none other than Cecelia's nephew Prince Gerel - first in line to the throne. In an attempt to avoid a royal scandal, Lady Cecelia volunteers herself and her yacht to take the Prince home. Cecelia remembers her nephew as a rather bright young man. So what possessed him to become involved with the 'hunting club'? As the voyage proceeds, and the Prince becomes less and less like himself, Cecelia begins to suspect foul play. Someone is poisoning the heir to the throne, and once again Heris's skills are called upon to solve the deadly mystery.

Diagnosed as bipolar at twenty-three, a young journalist struggles for a decade, fighting a cycle of depression and euphoria. In this unique journey, we visit former loves and eccentric fellow sufferers, mental health institutions and Benares. We relive his moments with Diana Eck and Deepika Padukone-and his reckonings with past wounds. Part confession, part joyride and wholly enjoyable, this riveting debut announces a formidable new talent. Nevatia is a master storyteller, empathetic, intelligent and witty. Here is the story of owning your narrative, no matter how difficult and complicated it is. Here is How to Travel Light.

Max has graduation on the brain, not a deadly plague. All was going according to plan, then an unknown virus hits his hometown. When the virus symptoms change from "flu-like" to erratic and violent, Max and his chemical engineer dad, Keith, flee the city to seek safety at their cabin in the Hocking Hills. With only minimal belongings, the gun his dad hands him, and his untested conscience, Max and his dad leave the city with their neighbor Wiley, and Wiley's niece Skylar-the girl who, as of yesterday, hasn't spoken to him since Elementary. Max will be forced to make choices about who lives and who dies while learning how to handle what is thrown at him in his attempt to stay alive and save those he loves.

Esther Amini grew up in Queens, New York, during the free-wheeling 1960s. She also grew up in a Persian-Jewish household, the American-born daughter of parents who had fled Mashhad, Iran. In CONCEALED she tells the story of being caught between these two worlds: the dutiful daughter of tradition-bound parents who hungers for more self-determination than tradition allows. Exploring the roots of her father's deep silences and explosive temper, her mother's flamboyance and flights from home, and her own sense of indebtedness to her two Iranian-born brothers, Amini uncovers the story of her parents' early years in Mashhad, Iran's holiest Muslim city; the little known history and persecution of Mashhad's underground Jews; the incident that steeled her mother's resolve to leave; and her parents' arduous journey to the United States, where they found themselves facing a new threat to their traditions: the threat of freedom. Determined to protect his only daughter from corruption, Amini's father prohibits talk, books, higher education, and tries to push her into an early Persian marriage. Can she resist? Should she? Focused intently on what she stands to gain, Amini eventually comes to see what she also stands to lose: a family and community bound together by food, celebrations, sibling escapades, and unexpected acts of devotion by parents to whom she feels invisible. In this poignant, funny, entertaining and uplifting memoir, Amini documents with keen eye, quick wit, and warm heart, how family members build, buoy, wound, and save one another across generations; how lives are shaped by the demands and burdens of loyalty and legacy; and how she rose to the challenge of deciding what to keep and what to discard.

An old and weary Omana flits in and out of multiple worlds as she grapples with a permanent state of confusion and memory loss. Sam begins her career with talent, and an unhealthy doze

of anxiety. Tapsee recollects every moment of humiliation and anger, as she faces yet another situation where her boundaries are challenged. Gita is ready to divorce after a lifetime of a marriage. Young Valli tries to battle her English language deficiency on her way to big things. And Prabha struggles to strike a balance between her love for good food, and her love of God. As the world has changed over the last decade, women have come to face new challenges in addition to the old ones. This collection of fifteen stories acknowledges the problems and recognises the struggles - big and small. We have such a long way to go before our girls see a semblance of fairness in this world.

A study in the collision between Western medicine and the beliefs of a traditional culture focuses on a hospitalized child of Laotian immigrants whose belief that illness is a spiritual matter comes into conflict with doctors' methods.

The bestselling author of *All the Shah's Men* and *The Brothers* tells the astonishing story of the man who oversaw the CIA's secret drug and mind-control experiments of the 1950s and '60s. The visionary chemist Sidney Gottlieb was the CIA's master magician and gentlehearted torturer—the agency's "poisoner in chief." As head of the MK-ULTRA mind control project, he directed brutal experiments at secret prisons on three continents. He made pills, powders, and potions that could kill or maim without a trace—including some intended for Fidel Castro and other foreign leaders. He paid prostitutes to lure clients to CIA-run bordellos, where they were secretly dosed with mind-altering drugs. His experiments spread LSD across the United States, making him a hidden godfather of the 1960s counterculture. For years he was the chief supplier of spy tools used by CIA officers around the world. Stephen Kinzer, author of groundbreaking books about U.S. clandestine operations, draws on new documentary research and original interviews to bring to life one of the most powerful unknown Americans of the twentieth century. Gottlieb's reckless experiments on "expendable" human subjects destroyed many lives, yet he considered himself deeply spiritual. He lived in a remote cabin without running water, meditated, and rose before dawn to milk his goats. During his twenty-two years at the CIA, Gottlieb worked in the deepest secrecy. Only since his death has it become possible to piece together his astonishing career at the intersection of extreme science and covert action. *Poisoner in Chief* reveals him as a clandestine conjurer on an epic scale.

In the city of Verdholm, canals separate the highborns in the center sections of the city from the lowborns along the outer sections. The city is isolated, surrounded by a deadly swamp and steam fields which should protect the people of the city from the dangerous outside world. Until it doesn't. For Sam, an orphaned thief who wants only to protect her brother, protection means stealing enough so she can one day buy her way into a better section. She's a skilled thief, and when she's offered a job that can change everything for her, what choice does she have but to take it? Alec is an apothecary who longed to join the prestigious university and become a physicker, but they rarely accept students from the merchant class, and he's now too old to enroll. The surprising discovery of strange magic can change his fortunes, but only if he can fully understand it. When the natural protection of the city fails and her brother is thrown into danger, Sam must become more than a thief to save him, but she can't do so by herself. Somehow, she and Alec are linked through an ancient magic and together they might be the only ones able to stop an attack that threatens to disrupt the balance within the city and bring the dangers of the outside world to them.

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